

Scott County 4-H Times

 **Martin-Gatton**
College of Agriculture,
Food and Environment

JANUARY



Happy Holidays



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Visit the CES Program and Staff Development website for additional guidance.

Questions may be directed to:

Stacy Miller at Stacy.miller@uky.edu or (859) 257-1727.



Contact Us:

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502-863-0984

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502-863-2392

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SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.

Scott County 4-H Times

JANUARY



4-H Club Dates

All Meetings at the Scott County Cooperative Extension Office
unless listed otherwise.

4-H Poultry Club

January 12th
6pm



4-H Art Club

January 13th
6pm



4-H Teen Club

January 9th
7pm



4-H Rabbit Club

January 12th
6pm



4-H Sewing Club

All levels are
on-going



4-H Cooking Club

January 22nd
5:30pm



Link to last month's
recipe. Join us next
month for a new recipe.



Weather Policy

If Scott County Schools are closed due to a weather or an
illness emergency, all 4-H activities at the Scott County
Extension Office are cancelled.

4-H Livestock Club



January 14th
4:30pm

4-H Cloverbuds



January 20th
6pm

Shooting Sports



Meetings will start
back in the spring

4-H Fishing Club



Meetings will start
back in the spring

4-H Adventure Club



Meetings are on-going

2026		JANUARY					
SUN	MON	TUE	WED	THU	FRI	SAT	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	



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AMPLIFY
KENTUCKY 4-H

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JANUARY



4-H Movie Night

January 28th, 2026

6:00 pm

Scott County Extension Office

Dr. Seuss' The Lorax



- Open to any 4-H member
- Come in your pjs
- Enjoy some popcorn and hot chocolate
- Feel free to get comfy by bringing pillows/blankets



Volunteer Banquet



Thank you to all our 4-H Volunteers! Whether you were there to celebrate with us or not, we appreciate everything you do for the youth of Scott County.



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4-H Council Meeting

March 10th, 2026

5:30 pm

Scott County Extension Office



If you are interested in getting involved in 4-H as a volunteer, please reach out for more information.

4-H Council meetings are open to the public.



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Recipe of the Month




Broccoli and Beef Stir-Fry

1 pound lean beef steak, sliced diagonally across the grain into thin strips	4 tablespoons canola oil, divided	squash, cut into 1/4 inch slices
1 tablespoon plus 1/2 cup stir-fry sauce	1 medium red onion, cut into 1/2 inch dice	2 cups fresh broccoli florets
1 clove minced garlic	1 sweet red pepper , cut into 1/2 inch dice	1 cup cauliflower florets
	1 medium yellow	1/2 teaspoon crushed red pepper flakes

- Combine** 1 tablespoon stir-fry sauce and minced garlic in a bowl. **Add** the beef strips. Let stand 15 minutes.
- Heat** 1 tablespoon canola oil in a large skillet or wok.
- Add** beef and stir fry for one minute. **Remove** beef from skillet.
- Heat** the remaining 3 tablespoons canola oil in the skillet or wok. **Add** vegetables. **Stir-fry** for four minutes or until vegetables are crisp-tender.
- Return** beef to skillet.
- Add** the remaining 1/2 cup stir-fry sauce and red pepper flakes. **Cook** and stir 1 to 2 minutes longer, until heated through.

Yield: 8, 1 cup servings
Nutrition Analysis: 180 calories; 10 g fat; 1.5 g saturated fat; 0 g trans fat; 25 mg cholesterol; 600 mg sodium; 9 g carbohydrate; 2 g fiber; 3 g sugar; 15 g protein.
90% recommended allowance for vitamin C.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



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